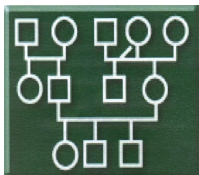


About BTEC and its Education Curriculum in Bowen Theory

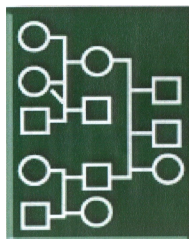
The Bowen Theory Education Center is a nonprofit organization established in 2008. The Center's principal purpose is to provide education and training in Bowen Theory of natural systems developed by Murray Bowen, M.D. The Mission of the Bowen Theory Education Center is to provide knowledge of concepts and its application to the human condition through a layered learning approach: didactic, supervised presentation, and personal coaching. Bowen Theory is based on fifty years of scientific study by Dr. Murray Bowen who observed that human behavior is governed by the family relationships and the generational history of the family.

The Center offers an eight month training program in Bowen Theory for a maximum of twenty students. Please visit our website at www.bowentheoryeducationcenter.org to view the curriculum and/or apply to the program. This postgraduate and professional training program provides a basic introduction and training in Bowen Theory, the study of natural systems, and the family. The University of Tennessee at Chattanooga provides continuing education credits for the Training program and our Annual Symposium Conference.

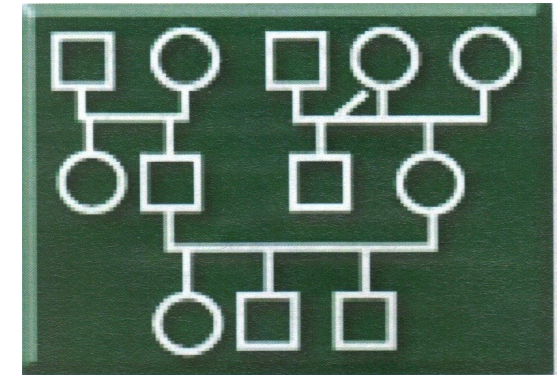


**BOWEN THEORY
EDUCATION CENTER**

BOWEN THEORY EDUCATION CENTER
P.O. Box 25588
Chattanooga, TN 37422



BOWEN THEORY EDUCATION CENTER



THIRTEENTH ANNUAL SYMPOSIUM

Featured Speaker

Amie Post, MA, LCMT

Executive/Clinical Director

Family Crisis Center of Baltimore County, MD

**Teens, Turbulence and...
Thinking?!?!**

*Making Sense of Challenge and
Navigating Life with Bowen Theory*

September 22, 2023

8:00 AM— 4:30 PM

**This program has been submitted for 7.0
continuing education hours for nurses,
social workers, and UTC professional
development.**

The University of Tennessee at Chattanooga
<https://bit.ly/2Xz8Jhp>

Amie Post, MA, LCMT



Amie Post is currently serving as the Executive/Clinical Director at the Family Crisis Center of Baltimore County,

Maryland, whose efforts work to interrupt patterns of conflict and violence, develop capacity in families and help all move forward more effectively. Additionally, Amie maintains a private clinical practice in Towson, MD and is a Clinical Associate at the Bowen Center for the Study of the Family in Washington DC. Amie has been a student of Bowen Family Systems Theory since 2001 when she was a master's student in Marriage and Family Therapy at Seton Hill University. She has completed four years of study at the Postgraduate Training Program of the Bowen Center for the Study of the Family and served as a Clinical Intern there. Amie is on the faculty and serves as a member of the Board at the Bowen Center.

Over the course of her career Amie has worked with humans from all ages and stages. Her studies include the field of microbiology, evolution and other "science stuff" in order to develop her capacity to think broadly. She likes to think about how Bowen Theory posits that human family is a product of evolutionary forces that has more in common with all other forms of life than not.

Teens, Turbulence and...Thinking?!?!?

Making Sense of Challenge and Navigating Life *with* Bowen Theory

A recent New York Times article cites the mental health crisis unfolding in teenagers across the country with levels of depression, anxiety, violence and suicidal thoughts reported higher than ever before. Bowen Theory brings an alternative way of thinking that can aid families in the growing challenges of teens and young adults.

This conference will explore how family members are making sense of these big questions: "how can I respond in a responsible way?", "what is the help that is helpful?" and "what does family leadership look like for me?" Amie's presentation will report on what has been learned from families across many contexts and how Bowen Theory provides a way to understand family functioning.

Participants will:

- review key concepts of Bowen theory that relate to family functioning
- examine a model of family functioning through the lens of Bowen Theory.
- compare individual versus systems approach to adolescent/family challenges
- explore case studies and more

Registration Form

BTEC ANNUAL SYMPOSIUM
September 22, 2023 8:00 AM—4:30 PM

Early Bird Registration (until August 15, 2023): \$99.00
Regular Registration: \$119.00
Student Rate: \$65.00
with I.D. via email to:
tanya.goodpasture@bowentheoryeducationcenter.org
This conference has been submitted for 7.0 C.E.U.s
through Tennessee State University .
For TSU CEUs, Apply to:

NASW CEUs are included in registration
For information call: 423-316-3589

Name: _____

Address: _____

City, State, Zip: _____

Phone: _____

E-mail: _____



Two ways to pay for registration:
www.bowentheoryeducationcenter.org OR
Send Registration Form and Check to:
BOWEN THEORY EDUCATION CENTER
P.O. Box 25588
Chattanooga, TN 37422

The goals of this conference:

- ***Increase the participant's understanding of the emotional process***
- ***Provide Bowen Theory guidelines for functioning more effectively and thoughtfully***